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For Immediate Release

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Solid Resources Files NI 43-101 Technical Report On the Alberta-1 Property Rare Element Pegmatites In Spain

Solid Resources Ltd. ("SOLID" or the "Company") (TSX-V: SRW) (OTCQX: SLDRF) (Frankfurt: YRS) announces that further to its news release of October 25, 2011, it has filed its National Instrument 43-101 Technical Report entitled "Technical Report on the Alberta-1 Property Rare Element Pegmatites in Galicia, Spain" dated December 8, 2011, on SEDAR at <http://www.sedar.com>. The report has also been posted on the Company's website <http://www.solidresources.com>.

Solid contracted the services of Minarco-MineConsult ("MMC") from Australia to undertake an estimate of the tonnage and grades for the northernmost zone - Presqueiras and the southernmost zone - Taboazas deposits. The Technical Report was prepared for the Company by José M. Cantó Romera Ph.D., P. Geol.

The initial resource model provides a foundation for the ongoing exploration and development of the rare metal deposits in the Alberta - 1 (Doade-Presqueiras) 3,690 hectare concession in northwestern Spain.

About Solid Resources:

Solid Resources is a Canadian junior mining company focusing on the exploration and development of rare and precious metals and industrial commodities worldwide. The Company is currently quantifying the presence of tantalum, tin, lithium and other rare minerals on its property in north-western Spain. In addition, further exploratory work is being conducted on its gold, copper concession in the Province of Ayabaca in northwest Perú.

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