NOT FOR DISSEMINATION IN THE UNITED STATES OR FOR DISTRIBUTION TO U.S. WIRE SERVICES



Suite 500 1080 Mainland Street Vancouver, BC V6B 2T4 Tel: (604) 689-2454 Fax: (604) 689-2435

NEWS RELEASE NEX symbol: MMO.H

MMO Announces Changes to Board of Directors

January 2, 2020 - Vancouver, British Columbia. Mount Dakota Energy Corp. (the "Company") announces that Mr. Lyle Harvey has resigned as a director of the Company to pursue other opportunities. The Company also announces that Ms. Eva Luk has been appointed to the board of directors to fill the vacancy created by Mr. Harvey's resignation. The Company wishes to thank Mr. Harvey for his many years of service to the Company.

ON BEHALF OF THE BOARD OF DIRECTORS

"S. John Kim"

S. John Kim Director

The TSX Venture Exchange has not reviewed and does not accept responsibility for the accuracy or adequacy of this release. Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

This news release does not constitute an offer to sell or solicitation of an offer to buy any of the securities in the United States. The securities have not been and will not be registered under the United States Securities Act of 1933, as amended (The "U.S. Securities Act") or any state securities laws and may not be offered or sold within the United States or to a U.S. person unless registered under the U.S. Securities Act and applicable state securities laws or an exemption from such registration is available.