

Idaho Champion Intersects 0.88 Grams Per Tonne Gold Over 10.50 Metres in Highly Oxidized Zone at the Baner Project

TORONTO, Nov. 13, 2018 -- Idaho Champion Gold Mines Canada Inc. (CSE: ITKO) ("Idaho Champion" or the "Company"), is pleased to report assay results on the final three holes of the Company's exploration program at the Baner Project in Idaho. Holes 17 to 19 show a significant initial strike length at Baner Project. These are the final drill holes for the 2018 drill season. Idaho Champion will be conducting metallurgical testing on oxide samples that will reported in Q1 2019. The Company will be analysing the 2018 drill results in preparation for the 2019 drill season that will incorporate the Sally drill permit (see October 15, 2018 press release).

Highlights:

• Assay results included ICG2018-18 which intersected 0.88 grams per tonne ("g/t") over 10.50 metres and ICG2018-19 : 5.85 g/t over 2.00 metres.

Table 1: ICG2018 Drill Program Holes 17-19- Significant Intercepts

Drill Hole	From (m)	<u>To (m)</u>	Width (m) ¹	Gold (Au) g/t
ICG2018-17	56.00	57.00	1.00	0.89
	88.00	90.00	2.00	0.86
	91.80	94.00	2.20	2.03
	116.50	117.50	1.00	0.41
ICG2018-18	12.00	15.00	3.00	1.20
	51.50	53.00	1.50	0.72
	80.50	83.50	3.00	1.56
	94.00	94.40	0.40	0.72
	107.80	110.50	2.70	0.80
	121.00	131.50	10.50	0.88
	185.10	185.00	0.90	1.27
ICG2018-19	75.00	76.50	1.50	0.48
	89.00	91.00	2.00	5.85
	107.00	108.50	1.50	0.72
	126.00	127.00	1.00	0.48
	137.70	138.70	1.00	8.07
	156.50	159.00	2.50	1.65
	179.50	180.50	1.00	1.10

¹The intervals reported in these tables represent drill intercepts and insufficient data are available at this time to state the true thickness of the mineralized intervals. All gold values are uncut.

President and CEO, Jonathan Buick stated: "The Phase 1 drill program at the Baner project area successfully intersected what has been interpreted to be the Orogrande shear and associated mineralization for a strike length of 500 metres. This data will allow Idaho Champion to vector in on possible extensions of the mineralization during the planned Phase 2 drill program."

Figure 1: Map of current drilling location within the Baner property is available at http://www.globenewswire.com/NewsRoom/AttachmentNg/cfe54c26-4604-4bb7-a17a-883da8048897

Drilling strategy

Drill hole selection at Baner was two-fold; utilizing the Baner database (historical reports, soil, rock, geophysical and mapping) along with current drill observations & results to plan out successive drill hole locations. Drill holes 11 to 16 were important drill holes is understanding the location and nature of the Orogrande shear zone ("OSZ") as it occurs on the Baner property. As the Baner drill program has progressed, the Idaho Champion geologic team has improved their understanding of the OSZ.

Regional Description

The Baner Project is located within the Orogrande shear zone (OSZ), a 30-kilometre-long and up to 3-kilometre-wide regional shear zone located in Central Idaho. The Baner Claim block covers a series of parallel shear zones on the eastern margin of the OSZ. Significant oxidation and mineralization associated with the OSZ consists of quartz, sericite, & fine-grained pyrite.

Mineralization includes disseminated low-grade precious metal mineralization in associated stockwork veins, hydraulic breccias; Plus, high-grade gold associated with discreet structurally controlled quartz veins.

The Baner Project is in the central Idaho Gold Belt, 8 km south of the of Elk City, Idaho. Elk City is an historic gold mining region dating back to the 1860's and once supported more than 20 underground mines and extensive placer operations. During the 1930's there were three cyanide mills along the Crooked River processing open pit and underground sulfide ore. Exploration in the district during the 1980's and 1990's included Cypress-Amax, Kinross Gold, Bema Gold and focused primarily on near-surface bulk-tonnage gold potential targeting a Fort Knox type occurrence. Premium Exploration conducted extensive drilling, soil sampling, and airborne and surface geophysics around 2010. Currently a Finnish gold producer, Endomines AB is developing the Friday Gold Project at Orogrande into an underground gold operation.

QA/QC Program

Quality Assurance/Quality Control consists of the regular insertion of duplicates, blanks and certified reference standards into the sample stream. Check samples will be submitted to an umpire laboratory at the end of the drilling program. Samples are kept in a secure facility and transferred to American Analytical Services, Inc. in Osburn, Idaho in sealed containers on a weekly basis from the drill site by Company contractors. Personnel handling core are using Company-approved protocols for all phases of core logging, sample delineation, sample layout, core cutting and storage. American Analytical Services, Inc. is ISO 17025 certified. American Analytical Services, Inc. has a standard operating procedure (SOP) for all aspects of sample drop off, drying and preparation, digestion, instrument analysis, quality control assurance and computerized data reporting. Gold assays are determined by Fire Assay with a gravimetric finish using a 30-gram aliquot (1 Assay Ton). The detection limit for gold by FA/Grav is 0.10 g/t (100 ppb).

Idaho Champion, as a part of the QA/QC protocol, inserts a pre-pulverised 50g certified standard ranging into the sample stream at a rate of 1 standard every 20 samples. In addition, a certified blank is inserted into the sample stream at a rate of 1 blank per 40 samples.

Assays are directly imported electronically from the American Analytical Services, Inc. certificate into Geosoft MX Deposit where QA/QC data are monitored for pass/fail.

Qualified Person

The technical information in this press release has been reviewed and approved by Peter Karelse P.Geo., a consultant to the Company, who is a Qualified Person as defined by NI 43-101. Mr. Karelse has more than 30 years of experience in exploration and development. Field work at the Baner project site was supervised by Jim Baughman P.Geo.

ABOUT IDAHO CHAMPION

Idaho Champion is a discovery-focused gold exploration company that is committed to advancing its 100% owned highly prospective mineral properties located in Idaho, United States. The Company's shares trade on the CSE under the trading symbol "ITKO". Idaho Champion is vested in Idaho with the Baner Project in Idaho County, the Champagne Project located in Butte County near Arco, and four cobalt properties in Lemhi County in the Idaho Cobalt Belt. Idaho Champion strives to be a responsible environmental steward, stakeholder and a contributing citizen to the local communities where we operate. Idaho Champion takes our social license seriously and employ local community members and services in our operations.

ON BEHALF OF THE BOARD

"Jonathan Buick"

Jonathan Buick, President and CEO

For further information, please visit the Company's SEDAR profile at www.sedar.com or the Company's corporate website at www.idahochamp.com.

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