



1500 Robert-Bourassa Blvd., 7th Floor
Montreal QC, H3A 3S8
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August 16, 2021

To: All Canadian Securities Regulatory Authorities

Subject: CANADA HOUSE WELLNESS GROUP INC.

Dear Sir/Madam:

We advise of the following with respect to the upcoming Meeting of Security Holders for the subject Issuer:

| | |
|--|------------------------------------|
| Meeting Type : | Annual General and Special Meeting |
| Record Date for Notice of Meeting : | September 10, 2021 |
| Record Date for Voting (if applicable) : | September 10, 2021 |
| Beneficial Ownership Determination Date : | September 10, 2021 |
| Meeting Date : | October 15, 2021 |
| Meeting Location (if available) : | Virtual Meeting |
| Issuer sending proxy related materials directly to NOBO: | Yes |
| Issuer paying for delivery to OBO: | Yes |

Notice and Access (NAA) Requirements:

| | |
|----------------------------|----|
| NAA for Beneficial Holders | No |
| NAA for Registered Holders | No |

Voting Security Details:

| Description | CUSIP Number | ISIN |
|--------------------|---------------------|--------------|
| COMMON SHARES | 135101103 | CA1351011038 |

Sincerely,

Computershare

Agent for CANADA HOUSE WELLNESS GROUP INC.