



8th Floor, 100 University Avenue Toronto, Ontario M5J 2Y1 www.computershare.com

Security Class

Holder Account Number

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Form of Proxy - Annual and Special Meeting to be held on December 19, 2019

This Form of Proxy is solicited by and on behalf of Management.

Notes to proxy

- 1. Every holder has the right to appoint some other person or company of their choice, who need not be a holder, to attend and act on their behalf at the meeting or any adjournment or postponement thereof. If you wish to appoint a person or company other than the persons whose names are printed herein, please insert the name of your chosen proxyholder in the space provided (see reverse).
- 2. If the securities are registered in the name of more than one owner (for example, joint ownership, trustees, executors, etc.), then all those registered should sign this proxy. If you are voting on behalf of a corporation or another individual you must sign this proxy with signing capacity stated, and you may be required to provide documentation evidencing your power to sign this proxy.
- 3. This proxy should be signed in the exact manner as the name(s) appear(s) on the proxy.
- 4. If this proxy is not dated, it will be deemed to bear the date on which it is mailed by Management to the holder.
- 5. The securities represented by this proxy will be voted as directed by the holder, however, if such a direction is not made in respect of any matter, this proxy will be voted as recommended by Management.
- 6. The securities represented by this proxy will be voted in favour or withheld from voting or voted against each of the matters described herein, as applicable, in accordance with the instructions of the holder, on any ballot that may be called for and, if the holder has specified a choice with respect to any matter to be acted on, the securities will be voted accordingly.
- 7. This proxy confers discretionary authority in respect of amendments or variations to matters identified in the Notice of Meeting or other matters that may properly come before the meeting or any adjournment or postponement thereof.
- 8. This proxy should be read in conjunction with the accompanying documentation provided by Management.

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Proxies submitted must be received by 5:00 pm, Eastern Time, on December 17, 2019.

VOTE USING THE TELEPHONE OR INTERNET 24 HOURS A DAY 7 DAYS A WEEK!



To Vote Using the Telephone

Call the number listed BELOW from a touch tone telephone

1-866-732-VOTE (8683) Toll Free



To Vote Using the Internet

- Go to the following web site: www.investorvote.com
- Smartphone?
 Scan the QR code to vote now.



If you vote by telephone or the Internet, DO NOT mail back this proxy.

Voting by mail may be the only method for securities held in the name of a corporation or securities being voted on behalf of another individual.

Voting by mail or by Internet are the only methods by which a holder may appoint a person as proxyholder other than the Management nominees named on the reverse of this proxy. Instead of mailing this proxy, you may choose one of the two voting methods outlined above to vote this proxy.

To vote by telephone or the Internet, you will need to provide your CONTROL NUMBER listed below.

CONTROL NUMBER

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OR

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Appointment of Proxyholder

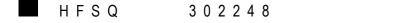
I/We being holder(s) of Canada House Wellness Group Inc., hereby appoint: Chris Churchill-Smith or failing this person, Paul Hart

Print the name of the person you are appointing if this person is someone other than the Management Nominees listed herein.

As my/our proxyholder with full power of substitution and to attend, act and to vote for and on behalf of the shareholder in accordance with the following direction (or if no directions have been given, as the proxyholder sees fit) and all other matters that may properly come before the Annual and Special Meeting of shareholders of Canada House Wellness Group Inc., that will be held at 184 Woodstock Road, Fredericton, New Brunswick, E3B 2H5 on December 19, 2019 at 12:30 p.m., and at any adjournment or postponement thereof.

neid at 184 Woodstock Road, Fredericto	on, inew Br	unswick, Ed	BB 2H5 on December 19, 2019 at	12:30 p.m., and at a	any adjourn	iment or postponement the	eor.		
VOTING RECOMMENDATIONS ARE I	NDICATE	BY HIGHI	IGHTED TEXT OVER THE BOX	ES.					
1. Election of Directors	For Withhold		For	Withhol	d		For	Withhold	
01. Norman Betts			02. Chris Churchill-Smith			03. Denis Moir			
04. Shawn Graham			05. Gaetan Lussier						
								For	Withhold
2. Appointment of Auditors									
Appointment of Ernst & Young as A	uditors of	the Comp	eany for the ensuing year and a	authorizing the Di	rectors to	fix their remuneration.			
3. Share Consolidation								For	Against
To consider and, if thought advisab Circular dated November 15, 2019 Common Shares on the basis of on as the directors may approve.	authorizin	g an amer	ndment to the Corporation's Ar	ticles to consolida	ate the Co	rporation's issued and o	utstanding		
Authorized Signature(s) - This instructions to be executed.	section	must be	e completed for your	Signature(s)			Date		
I/We authorize you to act in accordance revoke any proxy previously given with indicated above, this Proxy will be vo	espect to t	he Meeting.	. If no voting instructions are					1	<u> </u>
Interim Financial Statements - Mark this boo like to receive Interim Financial Statements are accompanying Management's Discussion and mail.	nd [*]		Annual Financial Statements - M NOT like to receive the Annual Financompanying Management's Disc mail.	ancial Statements and					

If you are not mailing back your proxy, you may register online to receive the above financial report(s) by mail at www.computershare.com/mailinglist.



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