

CANADA HOUSE WELLNESS GROUP INC.

Notice of Annual General and Special Meeting of Shareholders

Notice is hereby given that an annual general and special meeting (the "**Meeting**") of the holders (the "**Shareholders**") of common shares (the "**Common Shares**") of Canada House Wellness Group Inc. ("**Canada House**" or the "**Corporation**") will be held at 184 Woodstock Road, Fredericton, New Brunswick, E3B 2H5, on December 19, 2019 at 12:30 p.m. (Eastern time) for the following purposes:

- (a) to receive the audited financial statements of the Corporation for the year ended April 30, 2019, and the report of the auditors thereon;
- (b) to elect directors of the Corporation for the ensuing year;
- (c) to confirm the appointment of Ernst & Young LLP as auditors of the Corporation and to authorize the board of directors (the "**Board of Directors**") to fix their remuneration;
- (d) to consider and, if thought advisable, to pass, with or without variation, a special resolution in the form set forth in the accompanying Circular authorizing an amendment to the Corporation's Articles to consolidate (the "**Consolidation**") the Corporation's issued and outstanding Common Shares on the basis of one post-Consolidation share for every twenty-five (25) pre-Consolidation shares or such lesser Consolidation ratio as the directors may approve; and
- (e) to transact such other business as may properly come before the Meeting or any adjournment or postponement thereof.

The specific details of the foregoing matters to be put before the Meeting are set forth in the Circular accompanying this Notice of Meeting.

The record date for determining the Shareholders entitled to receive notice of and vote at the Meeting is the close of business on November 5, 2019 (the "**Record Date**"). Only Shareholders whose names have been entered in the applicable register of Shareholders as of 5:00 p.m. (Eastern time) on the Record Date are entitled to receive notice of and vote at the Meeting. Those Shareholders of record will be included in the list of Shareholders prepared as at the Record Date and will be entitled to vote the Common Shares recorded therein at the Meeting.

A Shareholder may attend the Meeting in person or may be represented by proxy. Shareholders who are unable to attend the Meeting or any adjournment or postponement thereof in person are requested to date, sign and return the accompanying form of proxy for use at the Meeting or any adjournment or postponement thereof. To be effective, such proxy must be received by the Corporation's transfer agent, Computershare Investor Services Inc., by 5:00 p.m. (Eastern time) on December 17, 2019, or two business days prior to the time of the reconvening of any adjournment or postponement of the Meeting.

If you are an unregistered holder of Common Shares and have received these materials through your broker, investment dealer, bank, trust corporation, trustee or other intermediary, please complete and return the form of proxy provided to you by your intermediary in accordance with the instructions provided therein.

If you require any assistance in completing your form of proxy, please contact Computershare Investor Services Inc. by calling toll free within North America at 1-800-564-6253 or by e-mail at service@computershare.com.

DATED at Toronto, Ontario this 15th day of November 2019.

**BY ORDER OF THE BOARD OF DIRECTORS OF CANADA HOUSE
WELLNESS GROUP INC.**

(signed) "*Chris Churchill-Smith*"

Chris Churchill-Smith
Chief Executive Officer