

November 7, 2019



1500 Robert-Bourassa Blvd.,
7th Floor
Montreal QC, H3A 3S8
www.computershare.com

AMENDED

To: All Canadian Securities Regulatory Authorities

Subject: Canada House Wellness Group Inc.

Dear Sir/Madam:

We advise of the following with respect to the upcoming Meeting of Security Holders for the subject Issuer:

Meeting Type :	Annual and Special Meeting
Record Date for Notice of Meeting :	November 05, 2019
Record Date for Voting (if applicable) :	November 05, 2019
Beneficial Ownership Determination Date :	November 05, 2019
Meeting Date :	December 19, 2019
Meeting Location (if available) :	Fredericton, NB
Issuer sending proxy related materials directly to NOBO:	Yes
Issuer paying for delivery to OBO:	Yes

Notice and Access (NAA) Requirements:

NAA for Beneficial Holders	No
NAA for Registered Holders	No

Voting Security Details:

Description	CUSIP Number	ISIN
COMMON SHARES	135101103	CA1351011038

Sincerely,

Computershare

Agent for **Canada House Wellness Group Inc.**