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**Abba Medix Corp., a Canada House Wellness Wholly Owned Subsidiary, Commences
Sales of its Abba Medix Branded Cannabis**

Toronto – October 1, 2019 (CNW) - Canada House Wellness Group (CSE:CHV) (“**Canada House**” or the “**Company**”), announced today that its wholly owned subsidiary, Abba Medix Corp. (“**Abba**”), commenced sale of its Abba branded cannabis flower.

“Selling our own branded cannabis is a huge milestone for us. The Abba team has worked hard over the last few months to get our facility running and fully licensed,” said Michael Orrbrooke, Chief Revenue Office, Canada House Wellness and President, Abba Medix. “Our Abba branded Purple Bud is available for sale to registered Abba patients as of today.”

Abba produces handcrafted, premium quality, medical grade cannabis for patients seeking safe solutions for their complex to common health and wellness needs. Currently, Abba has one strain, an Indica dominant Purple Bud, ready for sale. Purple Bud comes from a cross between Jamaican Sativa and Afghani Indica. The flower is named for its purple and lavender hues which offer a piney, sweet aroma of sandalwood.

Abba’s 22,000 sq. ft. indoor production facility in Pickering, Ontario, has dried flower packaged and ready for sale. Abba continues to ramp up production towards its goal of between 2,000 and 3,000 kg of dried flower on an annualized basis at its Pickering, Ontario facility. It is now in full perpetual grow with regular harvests every three weeks.

“This is a strong step forward for Canada House as we continue on our Path to Profitability,” said Chris Churchill-Smith, CEO, Canada House. “Selling our own cannabis to Canadian patients is significant as we continue to drive the business forward. We are looking forward to finalizing our extraction strategy and having derivative products ready for Cannabis 2.0 and look forward to additional positive news in the weeks and months ahead.”

About Canada House Wellness Group

Canada House Wellness Group is the parent company of Abba Medix Corp., a Licensed Producer in Pickering, Ontario that produces high quality medical grade cannabis; Canada House Clinics Inc., with clinics across the country that work directly with primary care teams to provide specialized cannabinoid therapy services to patients suffering from simple and complex medical conditions; and Knalysis Technologies, a provider of fully customizable, cloud-based software that links physician, provider, and patient to data that supports treatment with medical cannabis.

Canada House Wellness Group’s goal is to become the leading cultivator of premium craft cannabis and provider of cannabinoid therapy, targeting the medical cannabis markets globally. Please visit www.canadahouse.ca.

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