NOTICE DECLARING INTENTION TO BE QUALIFIED UNDER NATIONAL INSTRUMENT 44-101 SHORT FORM PROSPECTUS DISTRIBUTIONS ("NI 44-101")

August 1, 2019

VIA SEDAR

To: Ontario Securities Commission

British Columbia Securities Commission Alberta Securities Commission Autorité des marchés financiers

Canada House Wellness Group Inc. (the "Issuer") intends to be qualified to file a short form prospectus under NI 44-101. The Issuer acknowledges that it must satisfy all applicable qualification criteria prior to filing a preliminary short form prospectus. This notice does not evidence the Issuer's intent to file a short form prospectus, to enter into any particular financing or transaction or to become a reporting issuer in any jurisdiction. This notice will remain in effect until withdrawn by the Issuer.

CANADA HOUSE WELLNESS GROUP INC.

"Chris Churchill-Smith"

Chris Churchill-Smith
Chief Executive Officer and Director