



Canada House Wellness Group Announces First Harvest from its Licensed Facility

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TORONTO, May 24, 2019 -- Canada House Wellness Group Inc. (CSE: CHV) (“**Canada House**” or the “**Company**”), a fully integrated medical cannabis company, is pleased to announce that its wholly owned Licensed Producer of pharmaceutical grade cannabis, Abba Medix Corp. (“**Abba**”), has completed its first commercial scale harvest in its 22,000 sq. ft. production facility, marking an important execution milestone in the Company’s continuous path to profitability.

Abba commenced full scale operations of its indoor controlled grow facility in early February with plants moved into the facility on a commercial scale at that time. The first plants have now been harvested and are currently drying. The Company looks forward to bringing its product to market while continuing to ramp up to perpetual production, totalling between 2,000-3,000 kg of dried flower on an annualized basis.

“Completing our first harvest is a major milestone for Canada House and a true reflection of the dedication and competency of our team at Abba,” commented Canada House’s CEO Chris Churchill-Smith. “Execution is at the core of Canada House’s focus as we continue to drive shareholder value and bring high quality, craft cannabis to the medical community throughout Canada and abroad.”

“We are continuing to execute on our strategic plan which includes obtaining perpetual production in the facility and bringing EU-GMP compliant product to market in the short term. This is an exciting next step towards our goal of delivering consistent high-quality craft cannabis to medical patients across Canada and then to the European Union. I applaud the Abba Medix Team on achieving its first harvest of many to come,” added Michael Orrbrooke, Canada House’s Chief Revenue Officer.

Canada House Wellness Group Inc.

Canada House is the parent company of Abba Medix Corp, Canada House Clinics Inc. and Knalysis Technologies. The Company’s mission is to become the leading cultivator of premium craft cannabis and provider of cannabinoid therapy, targeting the medical cannabis markets globally. For more information please visit www.canadahouse.ca or www.sedar.com.

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in making forward-looking statements may be found in the Company's most recent annual and interim Management's Discussion and Analysis under "Risk and Uncertainties" as well as in other public disclosure documents filed with Canadian securities regulatory authorities. The Company does not undertake any obligation to update publicly or to revise any of the forward-looking statements contained in this document, whether as a result of new information, future events or otherwise, except as required by law.

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