

Bettermoo(d) Food Corporation

Via SEDAR

September 22, 2022

TO ALL REGULATORS AND EXCHANGES

RE: **Bettermoo(d) Food Corporation** (the "Issuer")
Notice of Meeting and Record Dates

We advise the following with respect to the Issuer's upcoming Meeting of Security Holders:

1	Meeting Type	Annual General & Special Meeting
2	Record Date for Notice of Meeting	October 18, 2022
3	Record Date for Voting (If Applicable)	October 18, 2022
4	Beneficial Ownership Determination Date	October 18, 2022
5	Meeting Date	November 25, 2022
6	Meeting Location	800 - 1199 West Hastings Street, Vancouver, BC V6E 3T5
7	Voting Securities Details	
8	Description (Class)	Common
9	ISIN / CUSIP	CA08772W1086 / 08772W108
10	Issuer sending proxy related materials directly to Non-Objecting Beneficial Owners (NOBO's)	No
11	Issuer paying for delivery of Objecting Beneficial Owners (OBO's)	No
12	Notice and Access	
	Beneficial Holders	No
	Registered Holders	No
13	Material Selection	S - All & Special Materials

Regards,

"Geoff Balderson"

Geoff Balderson, CFO
Bettermoo(d) Food Corporation