

**Happy Supplements Inc.
Suite 800-1199 West Hastings Street
Vancouver, British Columbia, V6E 3T5**

NEWS RELEASE

HAPPY SUPPLEMENTS GRANTS STOCK OPTIONS

Vancouver, British Columbia – July 9, 2021 – Happy Supplements Inc. (CSE: FITT) (FRANKFURT: 015) (the “Company”) announces today that it has granted incentive stock options to directors, officers, and consultants of the Company, under its Stock Option Plan entitling them to purchase an aggregate amount of up to 2,200,000 common shares of the Company. The stock options are exercisable on or before July 9, 2026, at an exercise price of \$1.05 per common share. The stock options, and any common shares issued upon exercise of the stock options, are subject to a four month hold period expiring on November 10, 2021.

About Happy Supplements

Happy Supplements Inc. is an innovative beverage cannabis company focused on delivering high quality CBD beverages both online and through local market retailers. Happy Supplements utilizes social media to deliver educational experiences with their customer base while demonstrating their innovative beverage technology.

ON BEHALF OF THE BOARD OF DIRECTORS

Steve Pear
Chief Executive Officer and Director

For further information please contact:

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The CSE does not accept responsibility for the adequacy or accuracy of this release.

Cautionary Statement

This news release contains certain forward-looking information and forward-looking statements within the meaning of applicable securities legislation (collectively “forward-looking statements”). The use of any of the word “will” and similar expressions are intended to identify forward-looking statements. These statements involve known and unknown risks, uncertainties and other factors that may cause actual results or events to differ materially from those anticipated in such forward-looking statements. Such forward-looking statements should not be unduly relied upon. Actual results achieved may vary from the information provided herein as a result of numerous known and unknown risks and uncertainties and other factors. The Company believes the expectations reflected in those forward-looking statements are reasonable, but no assurance can be given that these expectations will prove to be correct. The Company does not undertake to update these forward-looking statements, except as required by law.