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VIKING GOLD UPDATE

Toronto, ON, March 13, 2014 – Viking Gold Exploration Inc. (TSX-V: VGC), the "Company" or "Viking Gold", announces that John Hansuld has decided to retire as a director and chairman of the Company's Board of Directors. Dr. Hansuld, a 2012 inductee into the Mining Hall of Fame, will continue his relationship with the Company as a member of its Advisory Committee. "John is well recognized as a dedicated mining industry advocate and we sincerely thank him for his contributions over the last sixteen years," states Mark Edwards, President and CEO of Viking Gold.

Viking Gold also announces that it held its Annual General and Special Meeting on February 26, 2014. At that meeting, the Company's shareholders approved the following: the re-election of David Brace, Mark Edwards, Garfield Mitchell and Lawrence Smith as directors; the re-appointment of McGovern, Hurley, Cunningham LLP as auditors; and the re-approval of the rolling 10% stock option plan.

For further information, please contact Mark Edwards, CEO at (905) 752-2008 or visit the Company's website at: www.vikinggold.ca.

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