

# GULFSIDE MINERALS LTD.

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## NEWS RELEASE For Immediate Release

TSX.V - GMG

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### GULFSIDE GRANTS OPTIONS

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**Vancouver, B.C. –February 17, 2010 - Robert L. Card, President of Gulfside Minerals Ltd.** (“Gulfside” or the “Company”), reports that the Company has granted an aggregate 2,200,000 stock options exercisable at \$0.10 for five years to various directors, officers, employees and consultants of the Company, subject to Exchange approval.

On Behalf of the Board of Directors,  
Gulfside Minerals Ltd.

**“Robert L. Card”**

Robert L. Card  
President

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