

## SBD Capital Corp. Announces Grant of Options

TORONTO, Dec. 20, 2019 -- SBD Capital Corp. (**CSE:SBD**), (the “**Company**”) announces that it has granted an aggregate of 1,150,000 options (“**Options**”) to purchase common shares (each, a “**Common Share**”) of the Company exercisable at a price of \$0.32 per Common Share for a period of three years to certain directors, officers, consultants and employees of the Company. The Common Shares issuable upon exercise of the Options are subject to a four month hold period from the original date of grant.

For further information, contact Deborah Jones, Corporate Communications, at 647-946-2286 or visit the Company’s website at [www.sbdcapitalcorp.com](http://www.sbdcapitalcorp.com).

On behalf of the Board,

**SBD Capital Corp.**

John Dyer, Interim CEO, CFO & Director

*This news release contains certain “forward-looking information” within the meaning of applicable securities law. Forward looking information is frequently characterized by words such as “plan”, “expect”, “project”, “intend”, “believe”, “anticipate”, “estimate”, “may”, “will”, “would”, “potential”, “proposed” and other similar words, or statements that certain events or conditions “may” or “will” occur. These statements are only predictions. Forward-looking information is based on the opinions and estimates of management at the date the information is provided, and is subject to a variety of risks and uncertainties and other factors that could cause actual events or results to differ materially from those projected in the forward-looking information. For a description of the risks and uncertainties facing the Company and its business and affairs, readers should refer to the Company’s Management’s Discussion and Analysis. The Company undertakes no obligation to update forward-looking information if circumstances or management’s estimates or opinions should change, unless required by law. The reader is cautioned not to place undue reliance on forward-looking information.*