

ALTA VISTA VENTURES LTD.

AVV – TSX.V
News Release #14-12

September 5, 2014

ALTA VISTA TO BE LISTED ON THE CSE EFFECTIVE SEPTEMBER 11, 2014

Alta Vista Ventures Ltd. (TSX-V - AVV) is pleased to announce that the Company intends to delist its common shares from the TSX Venture Exchange (the "TSXV") and thereafter list its common shares on the Canadian Securities Exchange. To ensure continued and seamless trading for the Company's shareholders, the Company anticipates its common shares will be delisted from the TSXV at the close of trading on Wednesday, September 10, 2014 and will commence trading on the CSE at market open on Thursday, September 11, 2014 (the "CSE Listing Date"). The Company's name and trading symbol, AVV, will remain the same.

On behalf of the Board,

"Ian Foreman"
Ian Foreman, P.Geo.
President

For additional information on Alta Vista Ventures please call the Company at 604-678-2531.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

Statements in this press release, other than purely historical information, including statements relating to the Company's future plans and objectives or expected results, may include forward-looking statements. Forward-looking statements are based on numerous assumptions and are subject to all of the risks and uncertainties inherent in resource exploration and development. As a result, actual results may vary materially from those described in the forward-looking statements.

Alta Vista Ventures Ltd.

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