

# ALTA VISTA VENTURES LTD.

**AVV – TSX.V**  
News Release #14-10

June 3, 2014

## **ALTA VISTA SETS STOCK OPTIONS**

Alta Vista Ventures Ltd. (TSX-V - AVV) wishes to announce that it has granted 800,000 stock options to management, officers, directors and consultants of the Company at a value of \$0.105 that will expire on June 3, 2017.

On behalf of the Board,

*“Ian Foreman”*  
Ian Foreman, P.Geol.  
President

For additional information on Alta Vista Ventures please call the Company at 604-678-2531.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

*Statements in this press release, other than purely historical information, including statements relating to the Company's future plans and objectives or expected results, may include forward-looking statements. Forward-looking statements are based on numerous assumptions and are subject to all of the risks and uncertainties inherent in resource exploration and development. As a result, actual results may vary materially from those described in the forward-looking statements.*