

ALTA VISTA VENTURES LTD.

AVV – TSX.V
News Release #14-4

April 9, 2014

Alta Vista prepares for drill program at Carol Project

Alta Vista Ventures Ltd. (AVV-TSX-V) is pleased to announce that its Optionee, Tosca Mining, has entered into a contract with Layne De Mexico SV de SV to undertake a drill program on Alta Vista's Carol project located in southern Sonora State, Mexico, and approximately 4 km from the Piedras Verdes porphyry deposit, Mexico's third largest copper producer.

Work is being conducted by Alta Vista on behalf of Tosca. Site preparation is now underway with drilling expected to commence by the end of April. The initial drill program will consist of 5 to 7 HQ size holes totaling 500-700 metres.

The drill program is the first ever to be conducted on the property. The planned drilling will investigate the continuity, extent and morphology of near surface skarn mineralization occurring within a shallowly dipping metasedimentary sequence, as well as possible porphyry-style mineralization at depth. It will focus on the Balde Sur area where previous work at Carol by Alta Vista identified widespread polymetallic skarn-style mineralization has been outlined in two mineralized zones: Balde Norte that measures 700 metres by 180 metres and Balde Sur that measures 1,100 metres by 400 metres. 5 trenches were dug in Blade Norte and 12 trenches were completed in Blade Sur (see news release dated July 10, 2008).

This most recent work (see news release dated January 27, 2014) re-opened select portions of two of these trenches in Blade Sur, BS-06 and BS-08, to validate past results in preparation for a proposed drill program. Continuous chip channel sampling, conducted at one metre intervals, confirmed the presence of significant mineralization in both trenches as follows:

Trench	Width (m)	Average Grade			
		Cu (%)	Ag (g/t)	Zn (%)	Au (g/t)
BS-06	8.0	1.06	22.5	11.87	0.26
BS-08	11.0	0.38	22.4	0.48	0.08
and	8.0	0.48	16.5	0.62	0.07

Additionally, two grab samples taken from historic workings located in the immediate vicinity of trench BS-06 (one to the south and one to the north) returned significant high grade results as follows:

Sample	Width (m)	Average Grade			
		Cu (%)	Ag (g/t)	Zn (%)	Au (g/t)
BS-06 N	grab	7.00	94.3	34.00	0.61
BS-06 S	grab	3.70	30.3	19.00	0.67

Samples from Carol were prepared and analyzed by IPL Inspectorate in their facilities in Mexico and Vancouver, respectively. Samples generally consisted of 1-3 kg of material. Gold, silver, copper, lead and zinc were analyzed as part of a multi-element ICP package using an aqua regia digestion. Over limit samples with greater than 1% Cu, Pb and Zn were re-analyzed using ore grade detection limits. Samples with greater than 20% Zn were re-analyzed a second time for using even higher parameters.

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For details on sample handling and quality control please visit: http://www.altavistaventures.ca/s/Sampling_QA_QC.asp.

Ian Foreman, P.Geo., president of Alta Vista Ventures and independent to Tosca, is the Qualified Person, as defined by NI 43-101, for the Carol Project and is responsible for the technical information in this news release.

On behalf of the Board,

“Ian Foreman”

Ian Foreman, P.Geo.
President

For additional information on Alta Vista Ventures please call the Company at 604-678-2531.

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