

ALTA VISTA VENTURES LTD.

AVV – TSX.V
News Release #14-3

February 21, 2014

Alta Vista Ventures to Adopt Advance Notice Policy

Alta Vista Ventures Ltd. (TSXV: AVV) (the “Company”) wishes to announce that the Company will adopt advance notice provisions (the “Advance Notice Provision”) that will provide shareholders, directors and management of the Company with direction on the procedure for shareholder nomination of directors.

The Advance Notice Provision is the framework by which the Company seeks to fix a deadline by which holders of record of Common Shares of the Company must submit director nominations to the Company prior to any annual or special meeting of shareholders, and sets forth the information that a shareholder must include in the notice to the Company for the notice to be in proper written form. The purpose of the Advance Notice Provision is to: (i) facilitate orderly and efficient annual general or special meetings; (ii) ensure that all shareholders receive adequate notice of the director nominations and sufficient information with respect to all nominees; and (iii) allow shareholders to register an informed vote.

The Advance Notice Policy sets a deadline by which shareholders must submit to the Company nominations (the "Notice") for the election of directors prior to any annual or special meeting of shareholders, sets forth the information that a shareholder must include in the Notice to the Company, and establishes the form in which the shareholder must submit the Notice.

For further details respecting the Advance Notice Provision, please refer to the Company’s www.sedar.com filing on February 21, 2014.

On behalf of the Board,

“Ian Foreman”

Ian Foreman, P.Geo.
President

For additional information on Alta Vista Ventures please call the Company at 604-678-2531.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

Statements in this press release, other than purely historical information, including statements relating to the Company’s future plans and objectives or expected results, may include forward-looking statements. Forward-looking statements are based on numerous assumptions and are subject to all of the risks and uncertainties inherent in resource exploration and development. As a result, actual results may vary materially from those described in the forward-looking statements.

Alta Vista Ventures Ltd.

350 – 409 Granville St., Vancouver, BC, Canada V6C 1T2 ■ telephone: 604-678-2531 ■ facsimile: 604-678-2532