Alta Vista Ventures Ltd.

AVV – TSX.V News Release #14-2

February 19, 2014

Alta Vista provides corporate update

Alta Vista Ventures Ltd. (AVV-TSX-V) is pleased to provide an update of its recent activities.

The Company's optionee recently released the results of follow up work at Carol (see news release dated January 27, 2014) and the two companies are now planning the next phase of work to be completed. It is anticipated that this work will commence in at the end of March.

As a result of our continued presence in Hermosillo, the Company has recently signed a finder's fee agreement with a private foreign company to help in their search for advanced projects in western Mexico. If expenditures and field visits should be required during this process those costs will be covered and should a deal be completed on a project found by Alta Vista a success fee based on the purchase/option of the project will be payable to Alta Vista.

The Company continues to seek optionees for its projects with confidentiality agreements signed and tours conducted with a number of companies over the last couple of months.

Board of Directors:

The Company would also like to announce the resignation of Lindsay Bottomer from the Board of Directors. The Company thanks Mr. Bottomer for his six years of service and wishes him good luck in his future endeavours.

On behalf of the Board,

"Ian Foreman" Ian Foreman, P.Geo. President

For additional information on Alta Vista Ventures please call the Company at 604-678-2531.

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