LIONS GATE METALS INC. AMENDS HOWARD LAKE OPTION AGREEMENT

August 19, 2016 – Lions Gate Metals Inc. (**CSE: LGM**) ("**Lions Gate**" or the "**Company**") is pleased to announce that it has amended its Option Agreement (the "Agreement") originally dated September 18, 2014 with two separate vendors, by which the Company can earn a 100% interest in the Howard Lake copper-nickel project, which covers 3,457 hectares, in Saskatchewan. Of the two vendors, one is a related party to the Company.

Under the new terms of the amended agreement, the Company can earn 100% interest in the Howard Lake project by transferring 4,500,000 common shares of Canadian Uranium Corp. [issued], complete no less than \$500,000 in qualifying exploration expenditures on the Property within 24 months of the signing of the Agreement, transfer 2,000,000 common shares of Aldever Resources Inc., (marketable securities held by the Company), to one of the vendors, make cash payments totaling \$300,000 to the vendors within 30 months following the signing of the agreement [of which \$75,000 has been paid], and define a NI 43-101 compliant resource of no less than 10,000,000 lbs copper and 25,000,000 lbs nickel on the claims within 5 years of the signing of the amended agreement. All other terms and conditions of the option agreement shall remain in full force and effect.

For more information, please contact the Company at 604-681-0004.

On Behalf of the Company,

"Samantha Stewart"

CFO

Lions Gate Metals Inc.

THIS PRESS RELEASE INCLUDES FORWARD-LOOKING STATEMENTS OR INFORMATION. ALL STATEMENTS OTHER THAN STATEMENTS OF HISTORICAL FACT INCLUDED IN THIS RELEASE, INCLUDING WITHOUT IMITATION, STATEMENTS REGARDING FUTURE PLANS AND OBJECTIVES OF THE COMPANY ARE FORWARD-LOOKING STATEMENTS THAT INVOLVE VARIOUS RISKS AND UNCERTAINTIES. THERE CAN BE NO ASSURANCE THAT SUCH STATEMENTS WILL PROVE TO BE ACCURATE AND ACTUAL RESULTS AND FUTURE EVENTS COULD DIFFER MATERIALLY FROM THOSE ANTICIPATED IN SUCH STATEMENTS. IMPORTANT FACTORS THAT COULD CAUSE ACTUAL RESULTS TO DIFFER MATERIALLY FROM THE COMPANY'S PLANS OR EXPECTATIONS INCLUDE GENERAL ECONOMIC, MARKET OR BUSINESS CONDITIONS, REGULATORY CHANGES, TIMELINES OF GOVERNMENT OR REGULATORY APPROVALS AND OTHER RISKS DETAILED HEREIN AND FROM TIME TO TIME IN THE FILINGS MADE BY THE COMPANY. ACCORDINGLY, READERS ARE ADVISED NOT TO PLACE UNDUE RELIANCE ON FORWARD-LOOKING STATEMENTS OR INFORMATION.