REMSTAR RESOURCES LTD.

Suite 507 - 700 West Pender Street Vancouver, British Columbia V6C 1G8

REMSTAR RECEIVES APPROVAL FOR RUSHTON LAKE PROPERTY OPTION AGREEMENT

January 29, 2014

TSX-V: REM

Vancouver, B.C., January 29, 2014 – Remstar Resources Ltd. (TSX-V:REM) ("Remstar" or the "Company") is pleased to announce that on January 23, 2014, the TSX Venture Exchange accepted for filing the previously announced option agreement ("Agreement") with an arms' length vendor, (see news release dated January 21, 2014), to earn a 100% interest in the Rushton Lake Gold Property (the "Property"). Under the Agreement, Remstar will issue 4,000,000 common shares of the Company to the vendor upon closing, pay an aggregate of \$300,000 over 42 months and incur \$3,500,000 in exploration expenditures over the next four years. The Property is subject to a 1% NSR, which can be purchased at any time by the Company for \$1,000,000.

The Property covers an area of ~1889 hectares and is situated ~6.7km SW of Remstar's Wildnest Gold Project in central Saskatchewan.

In accordance with applicable securities laws, the common shares of the Company to be issued under the Agreement will be subject to a four month hold period.

ON BEHALF OF THE BOARD OF DIRECTORS OF REMSTAR RESOURCES LTD.,

"Marc E. Levy"

Marc E. Levy President & CEO

For more information, contact the Company at: Telephone: (604) 669-9788 Facsimile: (604) 669-9768

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release. We seek Safe Harbor.