JOLT HEALTH INC.

NOTICE OF ANNUAL GENERAL AND SPECIAL MEETING (the "Notice of Meeting")

Notice is hereby given that the annual general and special meeting (the "Meeting") of the holders (the "Shareholders") of common shares (the "Common Shares") of Jolt Health Inc. (the "Corporation") will be held at the offices of Dentons Canada LLP, 850 2nd St SW, 15th Floor, Calgary, Alberta T2P 0R8, on December 30, 2024, at 9:00 a.m. (MST) for the following purposes:

- 1. to receive the audited consolidated annual financial statements of the Corporation for the year ended December 31, 2023, together with the auditors' report thereon;
- 2. to appoint auditors of the Corporation for the ensuing year and to authorize the directors to fix the auditors' remuneration;
- 3. to fix the number of directors to be elected at the Meeting at three (3) members;
- 4. to elect three (3) directors of the Corporation for the ensuing year;
- 5. to consider and, if deemed advisable, pass, with or without variation, a special resolution to approve a consolidation of the Corporation's issued and outstanding Common Shares on an up to twenty (20) preconsolidation Common Shares to one (1) post-consolidation Common Share basis (20:1), as described in the accompanying management information circular (the "Information Circular"); and
- 6. to transact such other business as may properly be brought before the Meeting or any adjournment or adjournments thereof.

The specific details of the matters proposed to be put before the Meeting are set forth in the Information Circular, which accompanies and forms part of this Notice of Meeting.

A Shareholder may attend the Meeting virtually or may be represented at the Meeting by a proxyholder. Shareholders who are unable to attend the Meeting are requested to date and sign the enclosed instrument of proxy (the "Instrument of Proxy") and mail or deposit it with Odyssey Trust Company ("Odyssey"), our transfer agent. To be valid, the Instrument of Proxy must be dated, completed, signed and deposited with Odyssey by: (i) mail to Trader's Bank Building 702-67 Yonge Street, Toronto, Ontario M5E 1J8 Attention: Proxy Department; (ii) email at proxy@odysseytrust.com, entering the 12-character alphanumeric control number found on your Instrument of Proxy; or (iii) online at https://vote.odysseytrust.com, entering the 12-character alphanumeric control number found on your Instrument of Proxy, or as otherwise indicated in the instructions contained in the Instrument of Proxy. In order to be valid and acted upon at the Meeting, Instruments of Proxy must be received at the aforesaid addresses not less than 48 hours (excluding Saturdays, Sundays and holidays) before the time set for the holding of the Meeting or any adjournment thereof. Shareholders are cautioned that using mail to transmit proxies is at each Shareholder's risk.

The board of directors of the Corporation (the "Board") has fixed the record date for the Meeting at the close of business on November 28, 2024 (the "Record Date"). Shareholders of record as at the Record Date are entitled to receive notice of the Meeting and to vote those Common Shares included in the list of shareholders entitled to vote at the Meeting prepared as at the Record Date, unless any such Shareholder transfers Common Shares after the Record Date and the transferee of those Common Shares, having produced properly endorsed certificates

evidencing such Common Shares or having otherwise established that he or she owns such Common Shares, demands, not later than 10 days before the Meeting, that the transferee's name be included in the list of Shareholders entitled to vote at the Meeting, in which case such transferee shall be entitled to vote such Common Shares at the Meeting.

DATED at Vancouver, British Columbia, this 28th day of November, 2024.

BY ORDER OF THE BOARD OF DIRECTORS

(signed) "Gerald Tritt"

Gerald Tritt
President and Chief Executive Officer