July 27, 2023



Filed via SEDAR

To All Applicable Exchanges and Securities Administrators

Subject: Jolt Health Inc. (the "Issuer") Notice of Meeting and Record Date

Dear Sir/Madam:

We are pleased to confirm the following information with respect to the Issuer's upcoming meeting of securityholders:

Meeting Type:	Annual Special Meeting
Meeting Date:	September 20, 2023
Record Date for Notice of Meeting:	August 21, 2023
Record Date for Voting (if applicable):	August 21, 2023
Beneficial Ownership Determination Date:	August 21, 2023
Class of Securities Entitled to Vote:	Common
ISIN:	CA4798611063
Issuer sending proxy materials directly to NOBOs:	No
Issuer paying for delivery to OBOs:	No
Notice and Access for Beneficial Holders:	No
Notice and Access for Registered Holders:	No

In accordance with applicable securities regulations we are filing this information with you in our capacity as agent of the Issuer.

Yours truly,

ODYSSEY TRUST COMPANY AS AGENT FOR Jolt Health Inc.