## GOLDEN CARIBOO RESOURCES LTD.

Suite 610 – 1100 Melville Street, Vancouver, British Columbia V6E 4A6

Telephone: 604 669-6463 TSX Venture Exchange Facsimile: 604 669-3041 Trading Symbol: "GCC"

Toll Free: 1-800-663-9688

Not for dissemination in the US or to US wire services.

## News Release – 14-01

## GOLDEN CARIBOO RESOURCES LTD. ADVANCE NOTICE POLICY

November 5, 2014

Vancouver, BC – Golden Cariboo Resources Ltd. ("Golden Cariboo" or the "Company") (TSXV: GCC) announces the approval and adoption by its Board of Directors of an advance notice policy (the "Policy"). The purpose of the Policy is to provide shareholders, directors and management of Golden Cariboo with a clear framework for nominating directors of the Company. Golden Cariboo is committed to: (i) facilitating an orderly and efficient annual general or, where the need arises, special meeting, process; (ii) ensuring that all shareholders receive adequate notice of the director nominations and sufficient information regarding all director nominees; and (iii) allowing shareholders to register an informed vote after having been afforded reasonable time for appropriate deliberation. The Policy is intended to further these objectives.

The Policy, among other things, includes a provision that requires advance notice to the Company in certain circumstances where nominations of persons for election to the Board of Directors are made by shareholders of the Company. The Policy fixes a deadline by which director nominations must be submitted to the Company prior to any annual or special meeting of shareholders and sets forth the information that must be included in the notice to the Company. No person will be eligible for election as a director of Golden Cariboo unless nominated in accordance with the Policy.

In the case of an annual meeting of shareholders, notice to the Company must be made not less than 30 days and not more than 65 days prior to the date of the annual meeting; provided, however, that, in the event that the annual meeting is to be held on a date that is less than 50 days after the date on which the first public announcement of the date of the annual meeting was made, notice may be made not later than the close of business on the 10th day following such public announcement.

In the case of a special meeting of shareholders called for the purpose of electing directors (whether or not called for other purposes), notice to the Company must be made not later than the close of business on the 15th day following the day on which the first public announcement of the date of the special meeting was made.

The full text of the Policy is available under the Company's profile at www.sedar.com.

The Policy is in effect as at November 3, 2014. Pursuant to the terms of the Policy, the Company will seek shareholder ratification of the Policy by ordinary resolution at its next annual and special general meeting of shareholders (the "Meeting"). If the Policy is not confirmed at the Meeting, the Policy will terminate and be of no further force and effect following the termination of the Meeting. Approval of the alteration of the Articles of the Company by the addition of provisions requiring advance notice of director nominees from shareholders shall be also be sought from shareholders of the Company at the next meeting of shareholders by ordinary resolution.

The above-noted proposed amendments to the Articles is also subject to receipt of TSX Venture Exchange approval.

For further information please contact:

Golden Cariboo Resources Ltd.

"J. Frank Callaghan"

J. Frank Callaghan, President, & CEO Tel: 604 669-6463

This press release contains "forward-looking information" within the meaning of applicable Canadian securities laws. All statements, other than statements of historical fact, included herein, including statements regarding seeking approval of the Policy and the alteration of the Company's Articles at the Meeting, are forward-looking information. Forward-looking information is typically identified by words such as: believe, expect, anticipate, intend, estimate, postulate and similar expressions or are those which, by their nature, refer to future events. Although the Company believes that such statements are reasonable, there can be no assurance that such statements will prove to be accurate, and actual results and future events could differ materially from those anticipated in such statements. The Company cautions investors that any forward-looking information disclosed by the Company is not a guarantee of future performance, and that actual results may differ materially from those in forward-looking information. Accordingly, readers should not place undue reliance on forward-looking information. Except as required under applicable securities legislation, the Company undertakes no obligation to publicly update or revise forward-looking information.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.