

First Energy Commences Exploration Work at Russel Graphite Property in Quebec

VANCOUVER, May 30, 2018 /CNW/ - **First Energy Metals Ltd.** (TSX-V: FE) (the "Company") is pleased to announce that it has commenced exploration work at its recently acquired Russel Graphite property ("**Russel Property**") located in Gatineau area of Quebec Province, approximately 50 kilometres to the north of Ottawa, Canada. The work includes; prospecting, geological mapping and surface sampling to confirm historical graphite occurrences and other past documented exploration work. The program will take approximately two weeks to complete and will help in developing a systematic future work plan on the Property.

The technical information contained in this news release has been reviewed and approved by Dr. Muzaffer Sultan, P.Geo. (BC License Number: 34690), a qualified person, as defined by NI 43-101 who works as VP Exploration with the Company.

About First Energy Metals Limited.

First Energy Metals Limited is a junior resource company engaged in the exploration and development of technology metals such as lithium and cobalt properties in North America. The Company's goal is to acquire prospective technology metals projects and develop them. The Company has 100% interest in the Kootenay Lithium Property. The property is located in the Revelstoke and Nelson Mining Divisions of southeastern British Columbia. First Energy Metals Limited (formerly "Agave Silver ") was incorporated on October 12, 1966 in the Province of British Columbia. The Company's common shares trade on the TSX Venture Exchange under the symbol FE and are also listed on the US OTC Markets (Pink) as ASKDF and on the Frankfurt Stock Exchange as A2JC89.

ON BEHALF OF THE BOARD OF
FIRST ENERGY METALS LTD.

"Gurminder Sangha"

Gurminder Sangha
President & Chief Executive Officer

Neither the Toronto Stock Exchange (TSX) nor its Regulation Services Provider accepts responsibility for the adequacy or accuracy of this news release and has neither approved nor disapproved the contents of this news release.

Forward-looking Information

This news release may contain forward-looking information (as such term is defined under Canadian securities laws). While such forward-looking information is expressed by the Company in good faith and believed by the Company to have a reasonable basis, they address future events and conditions and are, therefore, subject to inherent risks and uncertainties. The Company expressly disclaims any intention or obligation to update or revise any forward-looking information, whether as a result of new information, future events or otherwise, except in accordance with applicable securities law

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For further information: please contact the Company at: (604) 375-6005

CO: First Energy Metals Limited

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