

NAVASOTA RESOURCES INC.

NEWS RELEASE

NAVASOTA RESOURCES ANNOUNCES CHANGE IN CHIEF FINANCIAL OFFICER

Toronto, Ontario, May 16, 2018 – Navasota Resources Inc. (TSXV: NAV.H) (the "**Company**") would like to announce that Navjit Dhaliwal has resigned as Chief Financial Officer of the Company and he has been replaced by Steven Mintz effective immediately, subject to regulatory approval. Mr. Dhaliwal will continue to act as a director of the Company.

Mr. Mintz, a graduate of the University of Toronto, went into public accounting for a large accounting firm from 1989 until 1992. He obtained his C.A. designation in June of 1992 and his Trustee in Bankruptcy license in 1995. In June 1992, he became employed by a boutique bankruptcy and insolvency firm where he was employed until January 1997 at which time he became a self-employed financial consultant serving both private individuals and companies as well as public companies in a variety of industries including mining, oil and gas, real estate, and investment strategies. In 1999, he began working on tax and investment strategies with clients and has been working extensively on successful strategies ever since. He is currently President of St. Germain Capital Corp. a private consulting and investment firm. He is also a principal and CFO of the Minkids Group, a family investment and real estate development company.

On behalf of the Board of Directors

NAVASOTA RESOURCES INC.

“Michael Lerner”

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