

NAVASOTA RESOURCES INC.

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TSX-V:NAV

NAVASOTA RESOURCES ANNOUNCES RESIGNATION OF DIRECTOR AND OFFICER

Navasota Resources Inc. ("Navasota") announces that it has received the resignation of Christopher J. Wild, P.Geo, as a director and officer. Mr. Wild served as a director of Navasota continuously from December 2003 until his recent resignation and during that period served in various capacities as a senior officer of Navasota, most recently as Vice-President, Exploration and Chief Operating Officer. Mr. Wild resigned in order to focus more fully on other pursuits.

Navasota's Board of Directors extends thanks to Mr. Wild for his time and contributions to Navasota during the period he served as a director and officer and wishes him the best in his future endeavors.

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This news release contains certain statements that may be deemed "forward-looking" statements. Forward looking statements are statements that are not historical facts and are generally, but not always, identified by the words "expects", "plans", "anticipates", "believes", "intends", "estimates", "projects", "potential" and similar expressions, or that events or conditions "will", "would", "may", "could" or "should" occur. Although we believe the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance and actual results may differ materially from those in forward looking statements. Forward looking statements are based on the beliefs, estimates and opinions of our management on the date the statements are made. Navasota Resources Inc. undertakes no obligation to update these forward-looking statements in the event that management's beliefs, estimates or opinions, or other factors, should change, except as required by law.

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