NAVASOTA RESOURCES INC.

432 Royal Avenue Kamloops, B.C. Canada V2B 3P7

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NAVASOTA RESOURCES APPOINTS NEW DIRECTOR

Navasota Resources Inc. ("Navasota") announces the appointment of Osvaldo Iadarola to the Board of Directors of Navasota, to fill the casual vacancy created by the resignation of Rick Kosolofski.

Mr. ladarola is the President and CEO of Audiotech Healthcare Corporation, a private company that provides hearing services to British Columbia, Alberta and the Pacific Northwest US. He is also President of Excalibur Properties, a private real estate development company, and a director of Advance Gold Corp. and Cassidy Gold Corp., both public companies trading on the TSX Venture Exchange.

Navasota's Board of Directors has accepted the resignation of Mr. Rick Kosolofski as a director, thanking him for his time and contributions to Navasota during the period he served as a director and wishing him the best in his future endeavors.

Navasota also announces that it has granted to Osvaldo ladarola incentive stock options entitling the purchase of 90,000 common shares of Navasota at a per share exercise price of \$0.05 until November 3, 2019.

For more information, please contact:

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