NAVASOTA RESOURCES INC.

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September 20, 2013 TSX-V:NAV

Navasota Grants Stock Options

Navasota Resources Inc. (TSX-V:NAV) announces that it has granted to certain of its directors, officers, employees and consultants incentive stock options to purchase, in aggregate, 800,000 common shares at a per share price of \$0.05 until September 18, 2018. Shares issuable upon exercise of the options will be subject to a hold period until January 19, 2014, in accordance with applicable securities legislation.

For more information, please visit: www.angloaluminum.com or contact Jim Gillis at 250-574-5011.

On behalf of the Board of Directors Navasota Resources Inc.

This news release contains certain statements that may be deemed "forward-looking" statements. Forward looking statements are statements that are not historical facts and are generally, but not always, identified by the words "expects", "plans", "anticipates", "believes", "intends", "estimates", "projects", "potential" and similar expressions, or that events or conditions "will", "would", "may", "could" or "should" occur. Although we believe the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance and actual results may differ materially from those in forward looking statements. Forward looking statements are based on the beliefs, estimates and opinions of our management on the date the statements are made. Anglo Aluminum Corp. undertakes no obligation to update these forward-looking statements in the event that management's beliefs, estimates or opinions, or other factors, should change, except as required by law.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this news release.