## PRESS RELEASE

This press release is issued pursuant to Multilateral Instrument 62-104 – Take-Over Bids and Issuer Bids and National Instrument 62-103 – The Early Warning System and Related Take-Over Bid and Insider Reporting Issues.

Vancouver, British Columbia – September 16, 2013 – James T. Gillis of Suite 1100, 235 First Avenue, Kamloops, British Columbia, has acquired indirect ownership of 700,000 units of Navasota Resources Inc. (the "Issuer"), each unit consisting of one common share in the capital of the Issuer and one share purchase warrant, each warrant entitling the purchase of one common share in the capital of the Issuer at a per share price of \$0.10 for a period of two years from the date of issuance, subject to accelerated expiry in certain circumstances. The 700,000 common shares acquired represent approximately 6.8% of the Issuer's issued and outstanding common shares. The units were acquired for investment purposes by Mr. Gillis for cash subscription of \$0.05 per unit through a private placement offering by the Issuer.

After this acquisition, Mr. Gillis owns, directly and indirectly, 861,000 common shares representing approximately 8.3% of the Issuer's issued and outstanding common shares and owns options and warrants entitling the purchase of an aggregate 725,000 common shares; or, assuming exercise of the options and warrants, a total of 1,586,000 common shares or approximately 14.4% of the Issuer's issued and outstanding common shares on a post-conversion beneficial ownership basis. These security holdings will be evaluated and the investments increased or decreased as circumstances warrant.

A report respecting this acquisition will be electronically filed with the Securities Commission in each jurisdiction where the Issuer is reporting and will be available for viewing through the Internet at the Canadian System for Electronic Document Analysis and Retrieval (SEDAR) at www.sedar.com.

(signed) "James T. Gillis"

James T. Gillis