



Legible Launches Cristina Ferrare's First “Living Cookbook” With Embedded AI Sous Chef

- *Series of 15 Living Cookbooks to be released bi-monthly*
- *Exclusively available to Legible Unbound members*



February 14, 2024 - Vancouver, British Columbia – [Legible](#) Inc. (CSE: READ) (OTCQB: LEBGF) (FSE: D0T) (“Legible” / “Company”), a global digital reading platform, eBookstore and e-publisher known for its innovative offerings, is excited to unveil the exclusive launch of iconic former supermodel Cristina Ferrare’s first “[Living Cookbook](#)”, [My Model Kitchen - Volume 1: Pasta](#).

In this unique multimedia- and AI-enriched eBook, Cristina personally communicates with readers via videos sharing insights and tips along with her cherished pasta recipes. Readers also have access to the world’s first AI Sous Chef, which provides in-depth responses to cooking queries and tips for chefs of any level.

Cristina Ferrare said, "I am truly honored, humbled, and excited about my new association with the global innovative world of Legible. I am dedicated to working with the entire forward-thinking team in bringing to life [My Model Kitchen](#), the first-of-its-kind multimedia cookbook, to the public. Timed to coincide with Valentine’s Day and my love of cooking, I thought it only appropriate to time the release of Volume 1: Pasta to be today!"

Deeply rooted in her Italian heritage, the book opens with an homage to Cristina’s Italian family, setting the stage for a culinary journey showcasing a variety of pasta dishes, each representing the rich culinary traditions of Italy’s diverse regions. From her mother’s hometown of La Spezia in Liguria to her Nona’s roots in Tuscany, she brings to the table a symphony of flavors and

techniques. These recipes, passed down through generations, are a testament to the importance of family in the Italian way of life.

[*My Model Kitchen - Volume 1: Pasta*](#) is the first in a series of 15 Cristina Ferrare Living Cookbooks to be released bi-monthly exclusively via Legible's Unbound membership service, which offers access to a vast selection of best-selling eBooks and audiobooks from major publishers and distributors, and compelling Legible original content. Whether you are a beginner or an experienced chef, these recipes will guide you through the process of creating authentic Italian pasta dishes in your own kitchen.

Kaleeg Hainsworth, CEO of Legible, said: "Cristina Ferrare's personal stories and family history bring a unique warmth to each dish, making this cookbook not just a guide to Italian cooking, but a passage into the heart of Italian culture. This is also a perfect opportunity to launch our large promotion campaign for a special annual membership offer in parallel. Please join us on <https://unbound.legible.com> in celebrating the release of this culinary treasure."

About Cristina Ferrare

Cristina is an accomplished author – her book "A Big Bowl of Love", based on her show of the same name on the Oprah Winfrey Network (OWN) and published in 2011, enjoyed an enthusiastic reception across the US. Her books "Okay So I Don't Have a Headache", a New Times Best Seller, "Food For Thought", which reached #1 on Amazon for Brain Health and "Realistically Ever After: Finding Happiness When He's Not Prince Charming, You're Not Snow White, and Life's Not a Fairy Tale", are all bestsellers.

Cristina started modeling with the New York-based Ford modeling agency aged 16, launching a 25-year supermodel career that included gracing the covers of leading fashion magazines including *Cosmopolitan*, *Vogue*, *Good Housekeeping*, *Harper's Bazaar*, and *Ladies Home Journal*, among others. She appeared in Kellogg commercials for OWN and was featured on over 20 million Kellogg cereal boxes along with her recipes. Cristina has recently signed with top New York modeling agency Iconic Focus.

In the early 80s, Cristina worked as a co-host of the show "AM Los Angeles", which was rated the number one morning television show throughout her five-year tenure. She has hosted her own shows - "Cristina and Friends" and "Home and Family" - a two-hour Universal Studios live show. She was also a substitute co-host on "Good Morning America" and co-hosted "Live with Regis and Kathie Lee" numerous times.

Cristina has spoken at many conventions including "The Women's Conference" in 2004. In 2007, alongside Chef Art Smith, she hosted a cooking session for over 300 women. She was the keynote speaker at the Creative Connection annual meeting in St. Paul, Minnesota in 2011. In 2023, she was the keynote speaker at the Influencers of Midlife Summit for women over 40.

The success of Cristina's authoring, cooking and modeling careers highlights her unique breadth of knowledge and expertise on women's health, culinary arts, wellbeing, stylistic design all brought to enthusiastic audiences through her sense of humor and great passion for life.

For more information, please follow Cristina on Instagram: www.instagram.com/cristinacooks

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