

**FORM 51-102F3
MATERIAL CHANGE REPORT**

Item 1 Name and Address of Company

Optimi Health Corp. (the "Company")
269 David Brown Way
Po Box 728
Princeton, BC V0X 1W0

Item 2 Date of Material Changes

September 29, 2026.

Item 3 News Releases

A news release with respect to the material change was disseminated by the Company on September 29, 2026, through GlobeNewswire and filed on SEDAR+.

Item 4 Summary of Material Change

On September 29, 2026, the Company announced the appointment of Melanie Pump to its Board of Directors (the "Board").

Item 5 Full Description of Material Changes:

On September 29, 2026, the Company announced the appointment of Melanie Pump to the Board. The Company also announced that Leah Hodges had resigned as Corporate Secretary of the Company. Dane Stevens, the Company's Chief Executive Officer has been appointed to fill the role.

Item 6 Reliance on Section 7.1(2) of National Instrument 51-102

Not applicable.

Item 7 Omitted Information

Not applicable.

Item 8 Executive Officer

The name and business telephone number of the officer of the Company who can answer questions regarding this material change report is as follows:

Dane Stevens, Chief Executive Officer
dane@optimihealth.ca
778-899-4367

Item 9 Date of Report

September 29, 2026