

ONE WORLD LITHIUM ANNOUNCES STOCK OPTION GRANT AND DEBT SETTLEMENTS

VANCOUVER, B.C., March 02, 2019 – One World Lithium Inc. (CSE-OWLI) ("OWL") (the "Company") announces it has granted incentive stock options to certain of its directors, officers, management and consultants to purchase up to an aggregate of 2,450,000 common shares of the Company (the "Options"). The Options are fully vested and exercisable for on or before March 01, 2021, at a price of \$0.19 per share, being the closing price of the Company's common shares on the Canadian Stock Exchange on February 28, 2019, the last trading prior to the date of grant. All Options were granted in accordance with the Company's stock option plan.

The Company also announces it has agreed to settle a portion of debt owing to certain creditors through a debt settlement at a deemed price of \$0.19 by the issuance of 203,231 common shares of the Company. The shares will be subject to a four (4) month and one (1) day hold from trading from the closing date.

About One World Lithium Inc.

OWL an exploration Company is focused on exploring and developing lithium projects of merit. It currently has earned a 60% working interest in the 75,400 hectares (or 754 square kilometers which is 290 square miles) Salar Del Diablo Property located in Baja California Notre, Mexico with the right to earn an additional 30% working interest.

On behalf of the Board of Directors of One World Lithium Inc.,

"Douglas Fulcher"

President and Chief Executive Officer

For further information please visit www.oneworldlithium.com or email info@oneworldlithium.com

Forward-Looking Information: This press release may include forward looking information within the meaning of Canadian securities legislation concerning the business of the OWL. Forward looking information is based on certain key expectations and assumptions made by the management of the OWL, including the intention of OWL to proceed with the advancement of the Property. Although OWL believes that the expectations and assumptions on which such forward looking information is based are reasonable, undue reliance should not be placed on the forward-looking information because OWL can give no assurance that they will prove to be correct. Forward looking statements contained in this press release are made as of the date of this press release. OWL disclaims any intent or obligation to update publically any forward-looking information, whether as a result of new information, future events or results or otherwise, other than as required by applicable securities laws. There can be no assurance that such statements will prove to be accurate and actual results and future events could differ materially from the those anticipated in such statements, important factors that could cause actual



results to differ materially from the company's expectations include: (I) inability of OWL to execute its business plan and raise the required financing and (II) risks and market fluctuations common to the mining industry and lithium sector in particular. The reader is cautioned that assumptions used in the preparation of any forward-looking information may prove to be incorrect. Events or circumstances may cause actual results to differ materially from those predicted, as a result of numerous known and unknown risks, uncertainties, and other factors, some of which are beyond the control of the OWL. The reader is cautioned not to place undue reliance on any forward-looking information contained in this press release.

Neither the Canadian Securities Exchange nor its Market Regulator (as that term is defined in the policies of the Canadian Securities Exchange) accepts responsibility for the adequacy or accuracy of this release.