

NEWS RELEASE

Symbols: HHH - CNSX HHHEF - OTCOB

Conversion of Convertible Debentures

VANCOUVER, BRITISH COLUMBIA. September 4, 2013. High 5 Ventures Inc. (the "Company" or "High 5"). In respect to the Convertible Debentures that were issued by the Company to twelve arm's length parties, the Company has elected to convert the principal amount of the Convertible Debentures together with all accrued interest into common shares of the Company. Specifically, the Company has issued 3,664,345 common shares to twelve arm's length parties in full satisfaction of the Company's obligations pursuant to the Convertible Debentures. Of the 3,664,345 common shares issued, 636,493 common shares are freely tradeable, 1,980,427 common shares have a hold period expiring on September 23, 2013, 414,630 common shares have a hold period expiring on October 11, 2013, and 632,795 common shares have a hold period expiring on October 27, 2013.

For more information on the Company, please contact us at (604) 681-1519. In addition, please visit the Company's website at www.high5venturesinc.com or the CNSX's website at the following direct link http://www.cnsx.ca/Page.asp?PageID=2013&AA_RecordID=222.

On Behalf of the Board,
High 5 Ventures Inc.
"Bedo H. Kalpakian"
Bedo H. Kalpakian
President

The CNSX has not reviewed and does not accept responsibility for the adequacy or accuracy of this news release.

Trading in the securities of the Company should be considered speculative.